

Volunteer resumé

Frank van der Most

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Skills

- Database design
- Programming
- Languages: Dutch, English, Swedish, German, Spanish, French
- Repairing stuff
- Writing – non-fiction: reports, papers, blogs
- Analytic thinking, interviewing and case studies
- Scuba diving (PADI)
- Driver's license

Personal qualities

- Pragmatic idealist
- Patient and quiet – but not always
- Get along well with people
- Keeping overview and minding the details
- Work well independently and in teams

Passions and interests

- Hiking, bird watching, scuba diving
- Saving the planet
- Making and fixing stuff that works
- Lego design
- Photography
- Traveling
- Reading the news
- Solving problems and puzzles
- Warm weather

Interests

- Nature
- Human rights
- Technology – high and low tech

Life experience

- Volunteer work for, [Tropical Health Alliance Foundation](#), [WildLabs.net](#), [Las Hormigas](#), [Osa Conservation](#), [Jaguar Rescue Centre](#) and [WOT](#).
- Alternative civilian service at [Agromisa](#).*
- Lived in the Netherlands, Sweden, Costa Rica, and currently in Spain.
- Lived in collective house holds
- Travelled to Indonesia, Costa Rica, Panama, Madagascar, Botswana, Namibia, Iceland and many European countries.
- Academic education, up to a PhD in social science. Lots of research experience as well.
- Changed my life choices some times
- Launched two start-ups. Both in IT. One still exists.
- Found my life's love. No children. We adopted a dog and a cat
- Found many friends, ... lost some as well
- Sat in and worked on boards and committees. Chaired many meetings

You can download a full CV from frankvandermost.com/about/.

June 2025